



# 30 DAY DECLUTTERING CHALLENGE



1 Clean out and organize two kitchen cabinets.	2 Clean out refrigerator.	3 Clean out your freezer.	4 Organize spices and throw out old/expired ones.	5 Clear out one junk drawer.	6 Clean out your pantry.
7 Clean out purse and wallet.	8 Clean out makeup drawer/bag.	9 Clean out and organize two kitchen cabinets.	10 Clean out cars.	11 Clean out bathroom cabinets.	12 Clean out medicine cabinets.
13 Organize cleaning supplies.	14 Clean out kids' closets and donate clothes.	15 Clean out kids' drawers and donate clothes.	16 Clean out toy chests and donate gently used toys.	17 Clean out and organize two kitchen cabinets.	18 Clear out your nightstands.
19 Clear out and donate old books, DVDs and other media.	20 Clear out one junk drawer.	21 Go through old papers and mail.	22 Clean out adult closets and donate clothes.	23 Clean out adult drawers and donate clothes.	24 Go through old shoes and donate gently used items.
25 Go through accessories (purses, scarves, hats, etc.).	26 Clear off your desk or workspace.	27 Clean up computer. Unsubscribe from unwanted emails.	28 Organize the linen closet.	29 Clean out the laundry room.	30 Delete unwanted apps and photos off your phone.